13th Hong Kong Diabetes and Cardiovascular Risk Factors – East Meets West Symposium

1 – 2 October 2011
Hong Kong Convention and Exhibition Centre

Important Dates

15 August
Deadline for Free Paper Submission

31 August
Deadline for Early-bird Registration

31 August
Deadline for Accommodation Reservation

10 September
Deadline for Tour Reservation
It is our great pleasure to announce that the 13th Hong Kong Diabetes and Cardiovascular Risk Factors – East Meets West (EMW) Symposium will be held on 1 – 2 October 2011 at the Hong Kong Convention and Exhibition Centre.

This meeting is jointly organized by the Hong Kong Institute of Diabetes and Obesity (HKIDO), The Chinese University of Hong Kong, the Hong Kong Foundation for Research and Development in Diabetes (HKFRDD), the Hong Kong Association for the Study of Obesity (HKASO), the Hong Kong Atherosclerosis Society (HKAS), and UBM Medica Pacific Limited (UBM Medica). We have received support from many professional healthcare associations for this meaningful symposium. It aims to provide a forum for both clinical and scientific researchers with complementary experience and expertise to debate and foster collaboration towards a common goal to prevent and manage diabetes and its complications. This symposium provides an invaluable opportunity to learn more about recent advances in diabetes care, obesity and management of atherosclerosis diseases.

This must-attend annual symposium promises an attendance of more than 600 delegates. The symposium programme will feature the highest quality content and is designed to facilitate extensive networking. So, register now!

We sincerely hope that our delegates find our scientific programme inspiring and educational, and take full opportunity to enjoy the many contrasts of east and west which epitomizes Hong Kong and the hospitality of her people.

Professor Alice P. S. Kong
Chairman
Organizing Committee

Professor Ronald C. W. Ma
Chairman
Scientific Committee
Organizers

- Hong Kong Institute of Diabetes and Obesity, The Chinese University of Hong Kong
- Hong Kong Foundation for Research and Development in Diabetes
- Hong Kong Association for the Study of Obesity
- Hong Kong Atherosclerosis Society
- UBM Medica Pacific Limited

Supporting Organizations

- Asia Diabetes Foundation
- Association of Hong Kong Diabetes Nurses
- Diabetes Hongkong
- Hong Kong College of Cardiology
- Hong Kong Dietitians Association
- Hong Kong Society of Endocrinology, Metabolism and Reproduction
- Hong Kong Society of Nephrology
- International Podiatrists Association of Hong Kong
- The Society of Hospital Pharmacists of Hong Kong
- The Society of Physicians of Hong Kong

Organizing Committee

Chairman: Alice P. S. Kong
Co-chairman: W. Y. So

Scientific Committee

Chairman: Ronald C. W. Ma
Co-chairman: Brian Tomlinson
Members: Juliana C. N. Chan, Thomas Y. K. Chan, Yu Huang, Sylvia S. W. Lam, Andrea O. Y. Luk, Rebecca Y. M. Wong, Bernard M. Y. Cheung, Gang Xu, Samuel Y. S. Wong
Cheung-hei Choi  
Associate Consultant, Department of Medicine, Queen Elizabeth Hospital, Hong Kong

Philip Ding  
Professor, Department of Cardiology, National Yang Ming University, Taiwan

Peter Gluckman  
Professor, Centre for Human Evolution, Adaption and Disease, The University of Auckland, New Zealand

Yu Huang  
Professor, School of Biomedical Sciences, The Chinese University of Hong Kong, Hong Kong

Albert Li  
Professor, Department of Paediatrics, The Chinese University of Hong Kong, Hong Kong

Kit-man Loo  
Nurse Specialist, Department of Medicine and Therapeutics, Prince of Wales Hospital, Hong Kong

Robert Lustig  
Professor, Department of Clinical Paediatrics, The University of California, San Francisco, USA

Ronald Ma  
Associate Professor, Department of Medicine and Therapeutics, The Chinese University of Hong Kong, Hong Kong

Børge Nordestgaard  
Professor, Department of Clinical Biochemistry, The University of Copenhagen, Denmark

Kerry-Anne Rye  
Professor, Department of Medicine, The University of Sydney, Australia

Rose Ting  
Resident, Department of Medicine and Therapeutics, Prince of Wales Hospital, Hong Kong

Mary Waye  
Professor, School of Biomedical Sciences, The Chinese University of Hong Kong, Hong Kong

Yun-kwok Wing  
Professor, Department of Psychiatry, The Chinese University of Hong Kong, Hong Kong

Yoshimitsu Yamasaki  
Professor, Department of Internal Medicine and Therapeutics, Osaka University, Japan

Gabriel Yip  
Associate Consultant, Department of Medicine, Grantham Hospital, Hong Kong
The Scientific Committee welcomes the submission of abstracts on selected topics to the symposium. Accepted abstracts will be published in the Programme Book which will be distributed to all delegates. The Committee reserves the right to reject abstracts and edit the language.

Application
Abstract submission MUST be done by e-mail or online. All free paper presenters are required to register with the symposium for presenting their works.

Submission
• Authors should complete registrations before the submission of abstracts.
• Authors are requested to fill out the Abstract Submission Form either on the official abstract submission form or online.
• Authors who wish to submit more than one abstract should fill out a separate submission form.
• Abstracts must be submitted electronically as an e-mail attachment or online.
• Abstracts should be typed single-spaced in MS Word format in English using 12-point font of Regular Times New Roman in not more than 300 words. Authors must type their initials and last name, but not degrees, titles or institutional appointments. The author’s full name must be exactly the same on all abstract submission forms, when more than one abstract is submitted. The presenter of the paper must have his/her last name mentioned first and underlined. Authors must indicate the name and address of the institution where the work was carried out.
• Authors must arrange the text as follows:
  a. Purpose of the study
  b. Methods
  c. Summary of the results
  d. Conclusions
• Authors must use standard abbreviations and place a special or unusual abbreviation in parentheses after the full word the first time it appears.
• Simple tables or graphs (in black ink) may be included.
• Abstract presenters may apply for the Young Investigator Award. Applicant must be under the age of 45 years. The age must be certified with a supporting letter from the applicant’s immediate supervisor.
• Speakers from China may present their talks in Mandarin.

Topic for Abstract Submission
You may select one of the following topics for your paper:
1. Diabetes
2. Obesity
3. Atherosclerosis

Selection Criteria
The selection of abstracts by the Scientific Committee will be based on the following criteria, which will be assessed with equal weighting:
  i. Scientific rationale and clinical relevance of the objectives
  ii. Innovation and originality of the project
  iii. Appropriateness of the methodology, data analysis and conclusion
  iv. Clarity of presentation

Young Investigator Awards
Winner for oral presentation: USD 500
1st Runner-up for oral presentation: USD 300
Best Poster: USD 200

Submission Deadline
15 August 2011

Notification of Acceptance
7 September 2011
# SCIENTIFIC PROGRAMME

## 1 October 2011 (Saturday)

<table>
<thead>
<tr>
<th>Time</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>08:45 – 09:30</td>
<td>Registration for Lay Programme and Insulin Workshop</td>
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<tr>
<td>09:30 – 11:30</td>
<td><strong>Lay Programme for Patients</strong> (<em>conducted in Cantonese</em>)</td>
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<td><strong>Workshop on Intensive Insulin Treatment</strong> (<em>limited space, first-come-first-served</em>)</td>
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<td>09:30 – 10:10 <em>Basal-bolus insulin</em> Ms. Kit-man Loo (Hong Kong)</td>
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<td>10:10 – 10:50 <em>Continuous subcutaneous insulin infusion</em> Dr. Cheung-hei Choi (Hong Kong)</td>
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<td>10:50 – 11:30 <em>Continuous glucose monitoring system</em> Professor Ronald Ma (Hong Kong)</td>
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<tr>
<td>12:00 – 18:05</td>
<td>Registration for 13th EMW</td>
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<tr>
<td>12:45 – 13:45</td>
<td>Mini-buffet Lunch and Exhibition</td>
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<tr>
<td>13:45 – 14:45</td>
<td>Lunch Symposium (Sponsor: BMS/AZ)</td>
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<tr>
<td>14:45 – 15:15</td>
<td>Opening Ceremony</td>
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<tr>
<td>15:15 – 16:45</td>
<td>HKFRDD Symposium</td>
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<td><em>Diabetes and vascular disease – Novel mechanisms</em> Professor Yu Huang (Hong Kong)</td>
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<td><em>Managing atherosclerosis in Asian diabetic patients</em> Professor Yoshimitsu Yamasaki (Japan)</td>
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<td><em>Depression and cardiovascular outcome in type 2 diabetic patients</em> Dr. Rose Ting (Hong Kong)</td>
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<td>16:45 – 17:15</td>
<td>Coffee Break and Exhibition</td>
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<tr>
<td>17:15 – 18:05</td>
<td>HKFRDD Plenary Lecture</td>
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<td><em>Diabetes - mismatching between biology and technology?</em> Professor Peter Gluckman (New Zealand)</td>
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<td>18:05 – 19:35</td>
<td>Evening Symposium</td>
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<td>19:35 – 20:35</td>
<td>Mini-buffet Dinner and Exhibition</td>
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<tr>
<td>08:00 – 16:40</td>
<td>Registration</td>
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<tr>
<td>08:30 – 10:30</td>
<td>Free Paper Oral Presentation</td>
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<tr>
<td>10:30 – 11:00</td>
<td>Coffee Break and Exhibition</td>
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<td>11:00 – 11:50</td>
<td>HKASO Plenary Lecture</td>
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<td>11:50 – 13:20</td>
<td>HKASO Symposium</td>
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<tr>
<td>18:10 – 18:15</td>
<td>Presentation of Young Investigator Awards</td>
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<tr>
<td>18:15 – 18:30</td>
<td>Closing Remarks</td>
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All information about the 13th Hong Kong Diabetes and Cardiovascular Risk Factors – East Meets West Symposium is provided for general information only. The Organizing Committee reserves the right to make changes without prior notice. Please refer to [www.eastmeetswest.org.hk](http://www.eastmeetswest.org.hk) for constant updates including the academic accreditation points.
Registration Procedures
Registration must be made on the official registration form or online. Payment can be made either by credit card via online registration on www.eastmeetswest.org.hk, or local cheque and bank draft in HK Dollars. Payment must be made payable to “UBM Medica Events (Hong Kong) Ltd – EMW”. For credit card payment, only Visa or Master cards will be accepted.

Registration form and payment must be sent to the symposium secretariat:

**East Meets West 2011**  
c/o UBM Medica Pacific Limited  
27/F., OTB Building, 160 Gloucester Road  
Wanchai, Hong Kong

Registration Entitlements
Each registered delegate will receive a registration confirmation. With this confirmation, he/she will be invited to participate in all scientific sessions, exhibition, satellite symposia, coffee breaks, lunches and dinners. A copy of the programme book and certificate of attendance will also be given to each registered delegate.

Cancellation and Refund
Written notice of cancellation must be received on or before **10 September 2011** by e-mail or fax to the symposium secretariat. The registration fee, after deducting 50% administrative charge, will be refunded within two months after the symposium.

There will be no refund for notice of cancellation received after **10 September 2011**. However, substitute of participant is allowed, subject to approval by the Organizers. Please send substitute’s details in writing to the symposium secretariat on or before **17 September 2011**.

Accommodation and Tours
Please visit www.eastmeetswest.org.hk for more information.

### Category | Early-bird Rate (on or before 31 August 2011) | Normal Rate (after 31 August 2011) | Day Registration
---|---|---|---
**Delegates from Hong Kong or Macau**  
Medical Professional | HKD 800 | HKD 1,200 | HKD 800
Allied Healthcare and other Professionals | HKD 450 | HKD 650 | HKD 400
Medical Student^ | HKD 250 | HKD 350 | HKD 200
**Delegates from Supporting Organizations^**  
Medical Professional | HKD 600 | HKD 900 | HKD 600
Allied Healthcare and other Professionals | HKD 350 | HKD 550 | HKD 350
**Delegates from outside Hong Kong and Macau**  
All Categories | HKD 1,800 | HKD 2,600 | HKD 1,800

[^ Medical Student – A copy of current student card for verification is required.  
[^ Supporting Organizations – Asia Diabetes Foundation, Association of Hong Kong Diabetes Nurses, Diabetes Hongkong, Hong Kong College of Cardiology, Hong Kong Dietitians Association, Hong Kong Society of Endocrinology, Metabolism and Reproduction, Hong Kong Society of Nephrology, International Podiatrists Association of Hong Kong, The Society of Hospital Pharmacists of Hong Kong, The Society of Physicians of Hong Kong. The discounted rate is only applicable to individual registration (i.e. not by sponsors).]